

HOW TO MAKE CHEESY SCRAMBLED EGGS

Eggs are a great source of protein! Try this easy cheesy scrambled egg recipe from Chef Asata for a tasty, nutritious meal.

MATERIALS:

- 3 eggs
- Shredded cheese
- Skillet
- Spatula
- Bowl
- Whisk or fork

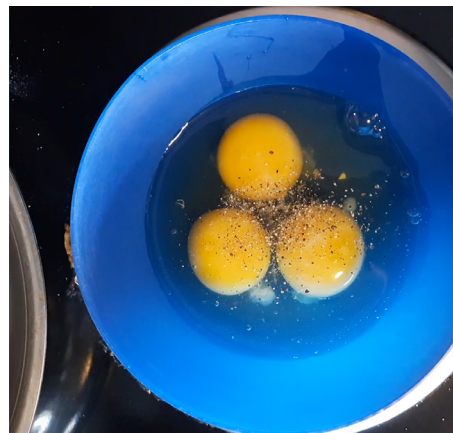


PROCEDURE:

Step 1: Crack eggs into a bowl.



Step 2: Season the eggs with salt and pepper.



Step 3: Using a fork or whisk, beat the eggs until smooth.



Step 4: Melt a slice of butter in a hot skillet.



Step 5: Pour the beaten eggs into the hot pan.



Step 6: Using a spatula, push the edges of the eggs toward the center of the pan as they cook.



Step 7: Once the eggs have cooked, sprinkle shredded cheese on top.



Step 8: When the cheese has melted, place the eggs on a plate and enjoy!

